

**MPTF supports our
entertainment community
in living and aging well,
with dignity and purpose,
and in helping each
other in times of need.**

MPTF | IGO
Caring is Infinite



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MPTF supports our entertainment community in living and aging well, with dignity and purpose, and in helping each other in times of need.



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Yvette Nicole Brown, Actor, and
Toni Vaz, Actor, NAACP Image
Awards Creator, MPTF Resident

Our Services

MPTF supports working and retired members of the entertainment community with a safety net of health and social services including temporary financial assistance, residential living, and referrals to community resources.



SERVICES OVERVIEW

MPTF.com

Our Services

Child Care

310 445 8993

For industry members with children ages 8 weeks to 6 years, *The Samuel Goldwyn Foundation Children's Center* in West Los Angeles, operated by *Bright Horizons*, is open 7am to 7pm.

Community Social Services

323 634 3888

MPTF provides temporary financial assistance, case management, information, and referrals to working-age industry members who are between jobs or are experiencing a period of disability.

Elder Connection

323 634 3866

For industry members 65+ or younger industry members caring for aging parents, *Elder Connection* social workers provide needs assessment, case management, counseling, information, and referrals.

Entertainment Health Insurance Solutions

833 777 3447

EHIS provides comprehensive health insurance counseling and enrollment support to California

residents of the entertainment community. For more information call or go to ehisca.com.

Palliative Care

818 876 1739

Industry members (and family members) diagnosed with serious illness can rely on the support of MPTF's award-winning interdisciplinary team to help improve their overall quality of life.

Residential

818 876 1552

The Wasserman Campus in Woodland Hills offers entertainment industry retirees a place to live in a vibrant independent and assisted living community.

Skilled Nursing

323 634 3866

MPTF offers long-term and memory care in a Medicare 5-star rated home-like environment on its Wasserman Campus.

Saban Center for Health and Wellness

818 876 1777

MPTF features a state-of-the-art fitness center and warm-water therapy pool (*Jodie Foster Aquatic*

Pavilion) on its Wasserman Campus.

The Samuel Goldwyn, Jr. Center for Behavioral Health

818 876 4140

Individuals 55+ seeking help in coping with mental health issues are eligible to receive care at this newly renovated center with private patient rooms and an interdisciplinary treatment approach.

Volunteer Programs

818 876 1915

Our volunteers who range in age from 13 to 96, support entertainment industry members with meaningful programs, classes, and workshops. Volunteers visit, shop, help as tech tutors, entertain, teach, make calls to reduce social isolation for Daily Call Sheet, and more.

Veterans Benefits Assistance

323 634 3866

We support industry members and parents of industry members who served in our nation's military to navigate complex VA pension and benefits.

If you are in need and **under 65**, please call our intake line at **323 634 3888**. If you are **over 65** or in need of food delivery, please call **323 634 3866**.



Behavioral Health

Offering comprehensive, compassionate mental health services for adults 55 and older, in a secure and therapeutic environment designed to serve the whole person.



Therapeutic support with complete and total privacy.

COMPASSIONATE CARE FOR MENTAL HEALTH NEEDS

The Samuel Goldwyn, Jr. Center for Behavioral Health is housed in a contemporary facility featuring private patient rooms and outdoor recreational space on the sprawling Wasserman Campus in Woodland Hills.

We offer the highest quality, round-the-clock, care for residents in total privacy with a sunroof covered patio near a peaceful rose garden.

INPATIENT GERIATRIC SERVICES

The Samuel Goldwyn, Jr. Center for Behavioral Health has been designed aesthetically and functionally to meet the unique mental health-care needs of older adults, and is available to the community at large, as well as for the entertainment community. We provide inpatient services and treat such condition as:

- Anxiety
- Bipolar Disorder
- Dementia/Alzheimer's with behavioral disturbances
- Depression
- Schizophrenia
- PTSD
- Psychosis

“You are not your illness. You have an individual story to tell. You have a name, a history, a personality.”

– JULIAN SEIFTER, PROFESSOR
HARVARD MEDICAL SCHOOL

DESIGNED FOR INDIVIDUAL NEEDS

The Center utilizes an individualized interdisciplinary approach, inviting patients and families to be integral contributors to each treatment plan. The staff partners with patients and families to rapidly relieve symptoms, optimize functional status, and develop after-care plans to continue the healing process. Recovery is facilitated by a dedicated team including a psychiatrist, internist, nursing staff, social worker, and recreation therapy staff to meet comprehensive individualized goals. Patients receive:

- Medical Consultation
- Daily Psychiatric Evaluation
- Group and Individual Therapy
- Case Management
- Recreational Therapy Services
- Spiritual Counseling
- Physical Therapy/Occupational Therapy
- Dietary Services

To find out more, call us at **818 876 4140** or contact **Dr. Dawn Lewis PhD, MSN, RN**, Director of Center for Behavioral Health, at **Dawn.Lewis@MPTF.com**.

Courtney Bailey, MPTF Chief Development Officer, with her daughter, Blake, who attends the Children's Center.



Child Care

The Samuel Goldwyn Foundation Children's Center provides a learning environment filled with nurturing care, designed specifically for entertainment industry parents.



CHILD CARE

MPTF.com/child-care

The Samuel Goldwyn Foundation Children's Center is here for you.

FLEXIBLE CARE FOR BUSY INDUSTRY PARENTS

In a partnership between MPTF and Bright Horizons, the Samuel Goldwyn Foundation Children's Center helps those working in the entertainment industry meet the challenge of demanding work schedules. Early education professionals guide specialized programs for infants, toddlers, preschoolers, and kindergarten-age children. The Center provides a broad spectrum of programs to explore in a structured yet gentle environment. The generosity of the Goldwyn family who enabled its founding has made the Center a key resource for the entertainment industry.

A LEARNING ENVIRONMENT

Children aged eight weeks through six years are eligible for enrollment in the Center, which is open from 7am to 7pm. The Center embraces the philosophy that children learn through play and hands-on participation in a responsive, nurturing environment that meets the

"I have very few options. There's no option for me to stay at home."

— MICHELLE LEE, STUNTWOMAN



The children are not only our future, they are our present. And for working moms and dads in the industry, this support is essential to our entertainment industry family.

developmental needs of infants and young children.

- All children receive yoga and music classes twice a month
- An active parent group fundraises to provide additional enrichment experiences
- Kindergarten 101 and other parent education classes are offered

CAREGIVERS WHO CARE

Child-to-teacher ratios follow the guidance of our accrediting body, the National Association for the Education of Young Children, and vary age group to age group. The current staff has been with the Center for up to 20 years, with an average of 10 years—well above the norm.

To find out more, call us toll free at **855 760 MPTF (6783)**, call the Children's Center at **310 445 8993**, or contact **Kae Connors**, Director, at **Kae.Connors@MPTF.com**.

Cate Adams, NextGen Co-Chair,
VP, Production, Warner Bros.



Health Insurance

Getting health insurance or finding quality medical care can be confusing and time consuming for anyone who isn't covered by an employer or union health plan. We're here to help.



HEALTH INSURANCE

MPTF.com/health-insurance

The future is brighter when there's insurance.

THE BEST SOLUTIONS FOR YOUR NEEDS

Entertainment Health Insurance Solutions (EHIS), a joint program of MPTF and The Actors Fund, offers California residents in the entertainment and performing arts community personalized counseling and enrollment support to ensure that each person understands and purchases the best plan to fit their individual and family needs.

The nature of the entertainment industry is often transient and unpredictable. For gig-workers, independent contractors, and anyone in the industry, health insurance is a complicated labyrinth of constantly shifting options. You're in good hands with our deeply knowledgeable team guiding you.

WE ARE YOUR ADVOCATE

Our programs are always adapting to the shifting landscape of health care options. We

are singularly focused on keeping members of our entertainment community healthy and capable of pursuing their chosen careers. Our experienced staff of licensed agents provides unbiased, comprehensive health insurance counseling. EHIS identifies coverage options and helps members of the entertainment and performing arts community enroll in them. Covered California Certified Insurance Agents; CA Insurance License (0M72678)

A WEALTH OF RESOURCES

- Consultations in person and/or by phone
- Competitive health insurance options and enrollment assistance in medical, dental, vision, and travel health insurance plans
- Group, individual, family, and senior options
- Alternatives to COBRA
- Enrollment in Medi-Cal, Covered California plans, Child Health Insurance Program, Medicare, and Medicare products
- Educational seminars on insurance options, including Affordable Care Act plans, Medi-Cal, and Medicare
- Community outreach through participation in health fairs, conferences, and local events
- Advocacy for legislative changes to make insurance more user-friendly and affordable
- Online educational resources and materials with information and practical tips

“When you're young, fit, and full of drive, it's easy to think that 'it will never happen to me.' But this is the myth of invincibility.”

— DBS BANK

A partnership program with
**The Actors Fund,
for everyone
in entertainment.**

For more info, visit ehisca.com,
call **833 777 3447**, or email
HealthInsurance@MPTF.com.



Palliative Care

Our nationally recognized, award-winning program for the care and support of persons with serious, chronic, and life-threatening conditions at any stage.



PALLIATIVE CARE

[MPTF.com/palliative-care](https://mptf.com/palliative-care)

We help people cope with life's greatest challenges.

WHAT IS PALLIATIVE CARE AND HOW CAN IT HELP?

As opposed to hospice care, which comes at the end of life, palliative care can come into play at any stage of an illness, with a team of specially trained physicians, nurses, social workers, chaplains and other professionals offering care, comfort, and support to patients and their families. The focus is on the whole person, not just the diagnosis. Efforts are toward enhancing quality of life by managing pain and stress as well as helping patients face the risks and burdens of their illness and treatment choices.

OUR APPROACH

Nationally recognized, MPTF's award-winning Palliative Care program has served thousands of industry members over the years. Over 70% of our patients live in the community, and the rest live on our Wasserman Campus

"It's not just about being able to wake up the next morning. It's also about having a reason to. We're here to focus on that reason."

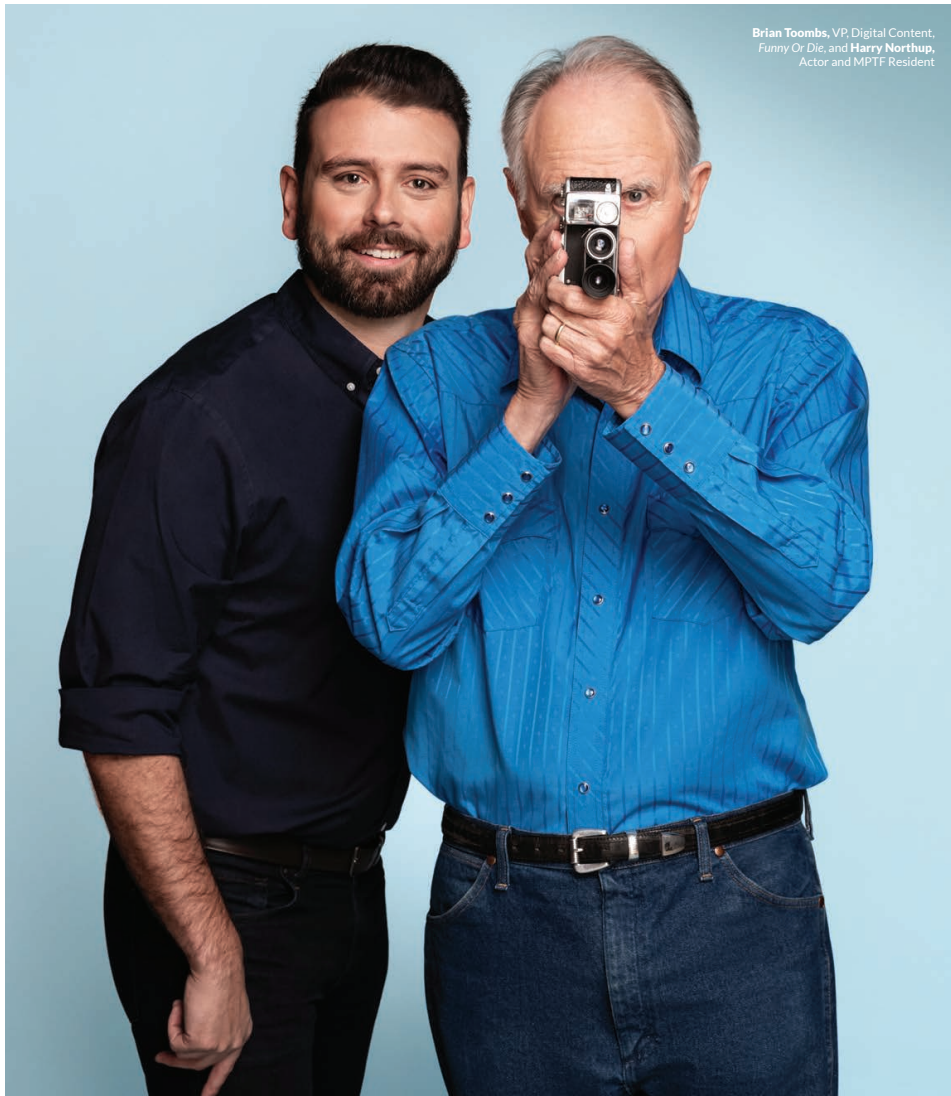
— LINDA HEALY, DIRECTOR
PALLIATIVE CARE & GERIATRIC SERVICES

in Woodland Hills. Our Palliative Care clients are visited by our team in designated skilled nursing facilities, in their homes on the Wasserman campus, and in collaboration with UCLA, in the outpatient clinic setting. Virtual visits by the MPTF Palliative Care nurse practitioner, Chaplain, and social worker are also available via the phone or video. When needed, we also help industry members find quality palliative care closer to where they live.

CARING FOR PATIENTS AND FAMILIES

- **Interdisciplinary Team** Assists clients to enhance relief and manage social, emotional, spiritual symptoms associated with their medical condition and treatment they are receiving.
- **Assessments** For depression, anxiety and other issues related to diagnoses and for financial need, we facilitate assistance.
- **Supportive Counseling** Assists clients and their families to process changes that a serious diagnosis has brought to their lives.
- **Community Resource** Caregiving, placements, home health, hospice, support groups, therapists, durable medical equipment, legal, transportation, food delivery programs.
- **Caregiver Support** Education, support and referrals to caregivers. Provide bereavement support to family members and friends.

To find out more, call us toll free at **818 876 1739** or contact **Linda Healy**, Director of Palliative Care & Geriatric Services, at Linda.Healy@MPTF.com.



Brian Toombs, VP, Digital Content,
Funny Or Die, and Harry Northup,
 Actor and MPTF Resident

Social Connectivity

Offer your time to listen, share, and connect with the **Daily Call Sheet**—a solution for those who may be seeking connections and a way to give back to the industry you love.



SOCIAL CONNECTIVITY

MPTF.com/social-connectivity

For a community built on connections.

RECEIVE A CALL, MAKE A CALL

Are you interested in connecting with fellow industry members? Or perhaps you have a loved one who may benefit from additional social connections to brighten their day?

Our social connectivity program, **Daily Call Sheet**, is a fun, flexible, and easy way to give back to the entertainment community and industry you love. Volunteers make calls from anywhere—their home, work, even from their car. Recipients share a connection to the entertainment industry for an immediate rapport around a mutual shared experience.

- Talk and build a relationship with someone who shares your interest
- Reminisce with interested industry members
- Increased sense of purpose
- Both volunteer and call recipient benefit (People who volunteer have a 70% decrease in depression)
- Flexible time and place
- Volunteer ages range from 20s-90s
- 600+ industry members have participated

A GROWING EPIDEMIC

Social relationships have as much impact on physical health as blood pressure, physical activity, and obesity. Those with meaningful

“It’s so nice to have someone to talk to on the phone. A verbal hug is what these calls are to me...”

— FEMALE, RECIPIENT, 95

social lives tend to live five years longer than those who don’t have a good social network. But for those going through life changes, such as retirement, or giving up a driver’s license, or even caregiving responsibilities, keeping up with social connections can be especially challenging.

Mounting evidence suggest social isolation and loneliness is growing rapidly. Currently it impacts more than 8 million people, or one in three older adults, and is associated with medical issues including depression and earlier onset of dementia, according to AARP.

IT WORKS

Daily Call Sheet volunteers have made thousands of calls to industry members and provided thousands of hours of social conversations. We’ve had success with even the hardest to reach clients. Social calls truly can be a lifesaving intervention.

To find out more, call us toll free at **818 876 1190** or contact **Maureen Feldman**, Director, Social Isolation Impact Project, at **Maureen.Feldman@MPTF.com**.

Dina Kuperstock,
MPTF Chaplain



Spiritual Care

We provide soulful focus and guidance with support of all spiritual and religious traditions through extensive resources to fit the preferences and needs of the entire MPTF community.



SPIRITUAL CARE

[MPTF.com/spiritual-care](https://mptf.com/spiritual-care)

Spiritual support for life.

Rabbi Arthur Rosenberg, our Leonard Nimoy Palliative Care chaplain, and Chaplain Dina Kuperstock provide spiritual guidance for our campus residents day-to-day and in times of need, including 24-hour access to our chapel.

Entertainment industry members know all about the importance of story, and our spiritual care services are here to help residents and their families continue to weave meaning and connection into the stories of their lives. We also provide spiritual support to industry members off-campus through our Palliative Care program.

SPIRITUAL CARE SERVICES OFFERED

- Individual and Family Pastoral Counseling
- Religious Services in our multi-faith chapel
- Holiday Celebrations
- Local Ministry Partnerships
- Lifecycle Rituals
- Trips to Houses of Worship and Sacred Sites
- Spiritual Enriching Practices including Meditation, Yoga, Tai Chi, and Urban Zen Integrative Therapy

“We welcome people of all backgrounds and faiths.”

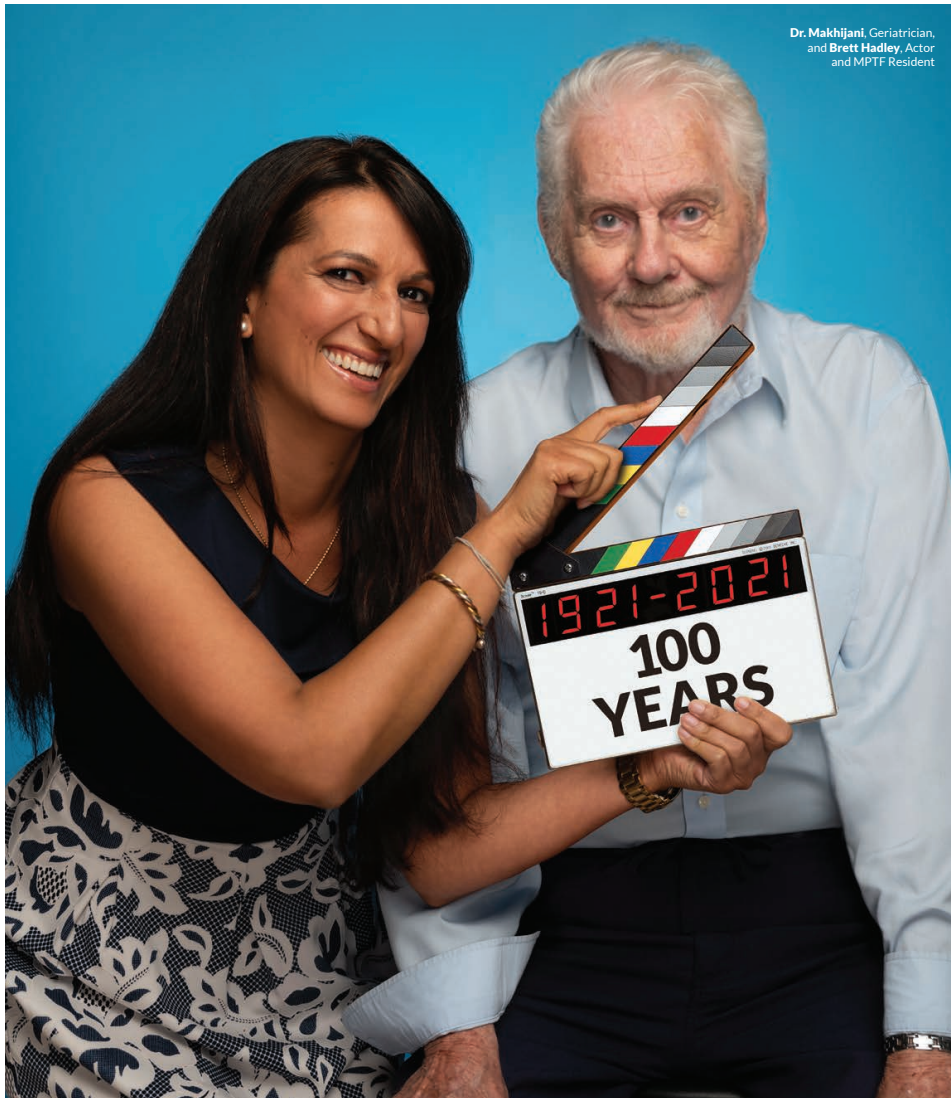
– CHAPLAIN DINA KUPERSTOCK

SOULFUL FOCUS AND GUIDANCE

Over the years, we have held special farewell processions honoring residents who have made MPTF such a unique place, as well as funerals, memorials, and “Remembering Our Own” events celebrating the lives of those who touched us all. We have also held wedding ceremonies for residents who met and wanted to tie the knot right here on the Wasserman Campus. Residents have also enjoyed outings to sacred spaces from various traditions, allowing opportunities to experience the spiritual world in new and fulfilling ways.

Our spiritual care team also works in tandem with our Palliative Care services for guidance through major, life-changing illnesses, and we offer Advanced Care Planning to help make the decisions about healthcare options during a medical crisis. Ministry volunteers also help lead religious services and singalongs.

Please visit [MPTF.com/spiritual-care](https://mptf.com/spiritual-care) for more information. To reach out to one of our chaplains directly, please email Arthur.Rosenberg@MPTF.com or Dina.Kuperstock@MPTF.com.



Dr. Makhijani, Geriatrician,
and Brett Hadley, Actor
and MPTF Resident

Health Centers

UCLA Health operates six MPTF health care centers in Los Angeles which are exclusive to entertainment industry members and conveniently located near studios and other industry locations.



UCLA HEALTH CENTERS

[MPTF.com/health-centers](https://mptf.com/health-centers)

A healthy commitment.

THE MOST ADVANCED MEDICAL CARE

MPTF and UCLA Health working together means the doctors you've counted on for years can now also offer you the resources of UCLA Health for specialty care and inpatient services.

As part of UCLA Health, your doctors and staff can put this world-changing medicine and research to work for you. For more than half a century, UCLA Health has provided the best in healthcare and the latest in medical discovery for patients. UCLA Health is the #1 rated health-care system in the West and #3 in the nation.

SIX UCLA HEALTH LOCATIONS

- Calabasas Health Center
- Westside Health Center
- Toluca Lake Health Center
- Santa Clarita Health Center
- Bob Hope Health Center
- Age Well Program in Woodland Hills

UCLA Health also offers outpatient physical therapy and rehabilitation services with similarly convenient locations all over Los Angeles. As part of the entertainment industry, you can enjoy custom-tailored benefits including extended hours and weekend and holiday appointments at our health centers.

“With UCLA Health, you’ll have access to hospitals and health care services rated best in the West for 26 consecutive years. UCLA Health is now #3 in the nation as ranked by U.S. News and World Report.”

– UCLA HEALTH

WELLNESS AND AGE WELL PROGRAM

UCLA Health offers a Wellness Program (100% covered for Motion Picture Industry pension and Health Plan members) featuring education in CPR and first aid to lifestyle enhancement programs on nutrition and stress management. You’ll emerge with a healthier outlook and new skills to reduce stress and anxiety.

If you have benefits through another guild or employer, you are still welcome to participate for a nominal fee. Our Age Well program, a pathway to health for older people, offers comprehensive assessment, care coordination, and ongoing support for seniors in their own homes.

For additional information and hours of operation or to make an appointment, please call us at **800 876 8320** or visit our website at uclahealth.org/mptf.

Naomi Rodda, Director, Home & Community-Based Services at MPTF and Vince Mata, First Assistant Camera, Business Representative for Local 600 and Vietnam Veteran



Veterans Assistance

If you're a veteran and member of the entertainment industry, we're here for you—to help understand and secure the rightful pension benefits you are due.



VETERANS ASSISTANCE

MPTF.com/veterans-assistance

Help in accessing the benefits you've earned.

MPTF CAN HELP

If you are a veteran, the surviving spouse of a veteran, or an industry member with parents who served, we are here to help.

Many veterans and surviving spouses are not aware of their full array of benefits. Many others have attempted to apply on their own, only to experience years of denials from the Veterans Administration. We are here to help.

WHAT WE DO

MPTF conducts screenings for military veterans and their surviving spouses to determine whether they will qualify for pension benefits now or in the future. In 2020, we screened 1,088 veterans and surviving spouses, recovering \$234,528 in retroactive benefits and \$17,597 in ongoing benefits. Initial screenings take only 10-15 minutes, and the results can be life changing.

“The core of our program is to help screen for benefits that could make our veterans' lives better.”

— NAOMI RODDA, LCSW
DIRECTOR, HOME & COMMUNITY-BASED SERVICES



Pictured: Don Alberti, MPTF Resident and Korean War vet, and Ronald Gomez, MPTF Veterans Benefits Specialist and Army Veteran. Veterans assist veterans to help encourage successful outcomes for each claim.

NO VETERAN SHOULD HAVE TO STRUGGLE FINANCIALLY

Benefit awards can be related to service-related injuries or illnesses, including mental health conditions, or increasing care needs if a qualified veteran or surviving spouse should become physically frail or cognitively impaired. Our Veterans Benefits Assistance Program is dedicated to maximizing outcomes by handling the claims application paperwork and navigating bureaucratic obstacles from start to finish. We help ease the burden on the service member or surviving spouse, who has already sacrificed so much to preserve our freedoms. We thank all veterans for their service to our country.

To find out more, call us toll free at **323 634 3866** or contact **Naomi Rodda**, LCSW, Director, Home & Community-Based Services at Naomi.Rodda@MPTF.com.

Tom Bergeron, Actor, and
Flora Huang, VP, Motion Picture
Planning at Paramount Pictures



Wellness Center

The Saban Center for Health and Wellness includes the state-of-the-art Jodie Foster Aquatic Pavilion with an expansive fitness area for physical therapy and staying in shape.



WELLNESS CENTER

[MPTF.com/wellness-center](https://mptf.com/wellness-center)

Keep fit, stay well, and enjoy healthy exercise.

AN OASIS OF GOOD HEALTH

Located in Woodland Hills on MPTF's Wasserman Campus, The Saban Center for Health and Wellness is an oasis of good health featuring the Jodie Foster Aquatic Pavilion, a warm water pool for aquatic therapy and exercise, and a high-tech gym, with fitness trainers to assist, educational seminars, and exercise classes. The Saban Center is also a social mecca where working and retired industry members form connections, rekindled and new, that only those sharing common ground in this unique industry can create. Additionally, The Saban Center includes access to health educators and UCLA physical and aquatic therapy experts.

STAYING WELL

Our evidence-based classes and other community programs, including walking groups, are a big part of staying well. Research shows that if people are isolated, they are at greatest risk of earlier death and frequent hospitalizations. We offer many opportunities to stay engaged

“Do not let what you cannot do interfere with what you can do.”

— JOHN WOODEN

with fellow members of the industry through a range of MPTF community programs and lifelong learning in the Burbank, Toluca Lake, Hollywood, and West LA neighborhoods.

THE RIGHT TOOLS FOR THE JOB

The fitness floor at the Saban Center features state-of-the-art exercise equipment for all types of fitness goals.

- Computerized and personalized
- Develop a safe, guided and effective workout plan that uses accountability and personalized feedback to keep users motivated
- Trainers on hand to help guide workouts and teach users about equipment use

JODIE FOSTER AQUATIC PAVILION

Aquatic physical therapy is revered as a low-stress, low-risk method of rehabilitation from injury, and is rapidly catching on as a preferred method of exercise, especially for those with physical challenges like arthritis or fragility due to previous injury. The Jodie Foster Aquatic Pavilion at the Saban Center offers a warm water pool with a variety of aquatic exercise, aquatic personal training, and classes for adults with varying degrees of physical ability.

To find out more, call us at **818 876 1777** or contact **Diana Byrne**, Manager, Health & Wellness at Diana.Byrne@MPTF.com.